

ISO

INTERNATIONAL ORGANIZATION FOR STANDARDIZATION

ISO RECOMMENDATION

R 379

GYMNASTIC EQUIPMENT

HORIZONTAL BAR

1st EDITION

December 1964

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BRIEF HISTORY

The ISO Recommendation R 379, *Gymnastic Equipment. Horizontal Bar*, was drawn up by Technical Committee ISO/TC 83, *Gymnastics and Sports Equipment*, the Secretariat of which is held by the Deutscher Normenausschuss (DNA).

Work on this question by the Technical Committee began in 1956 and led, in 1961, to the adoption of a Draft ISO Recommendation.

In December 1961, this Draft ISO Recommendation (No. 487) was circulated to all the ISO Member Bodies for enquiry. It was approved, subject to a few modifications of an editorial nature, by the following Member Bodies:

Austria	India	Spain
Bulgaria	Japan	Switzerland
Denmark	Netherlands	Turkey
France	New Zealand	United Kingdom
Germany	Pakistan	U.S.S.R.
Greece	Poland	

No Member Body opposed the approval of the Draft.

The Draft ISO Recommendation was then submitted by correspondence to the ISO Council, which decided, in December 1964, to accept it as an ISO RECOMMENDATION.

GYMNASTIC EQUIPMENT

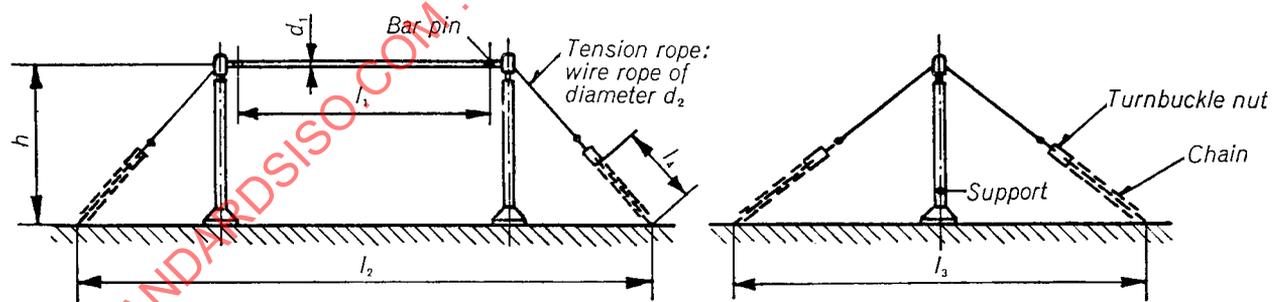
HORIZONTAL BAR

FOREWORD

This ISO Recommendation has been elaborated in co-operation with the International Gymnastic Federation (IGF). It concerns gymnastic equipment the use of which is recommended for international competitions.

1. SHAPES AND DIMENSIONS

Shapes and dimensions not specified are left to the discretion of the manufacturer.



NOTES

1. Material for bar: steel of at least 1400 N (about 140 kgf) tensile strength;
tension rope: steel.
2. Finish of bar: the bar should be planished.
3. The bar pins should not project, in order to avoid all possibility of injuries by contact with them.